

>>Post-op Care Instructions

Temporary Crowns

- > After your temporary crown has been placed, do not chew anything until the numbness is completely gone. You might chew your cheek or tongue and not know it.
- > It is normal for your gums to be sore after a crown procedure. Mouth rinses such as Listerine or Scope may be helpful in the healing process. Use as directed.
- > Be sure to brush gently around the temporary crown each day.
- > Floss down between the adjacent teeth, but pull the floss out the side instead of back up through the crown as this might pull off the temporary crown.
- > Avoid chewing on the temporary crown if possible until the permanent restoration is cemented.
- > Temporary crowns will usually not feel like your original teeth. It is normal for the contour, color, and texture to be different.
- > If your temporary crown comes off, please call our office and bring the temporary crown with you so we can re-cement it. It is very important that your temporary crown stays on to avoid tooth movement.
- > If pain, swelling, an uneven bite, or anything that you perceive to be abnormal occurs, contact our office immediately.

Permanent Crowns

- > If anesthetic was used during the cementation of your permanent crown, do not chew anything until the numbness goes away.
- > Brush and floss like you normally would unless otherwise instructed in our office.
- > Remember, your permanent crown was made by a laboratory technician. It will feel different than your original tooth. This is normal, and you should get use to the fit and feel in just a few short weeks.
- > Your new crown may be sensitive to hot, cold, or bite pressure. This usually goes away with time. If sensitivity persists or gets worse, or if your teeth don't feel like they come together evenly like they did before, call our office immediately.



Mesa Location
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480.747.1655 (emergency)

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